

THE FRENCH CONNEXION

MINOSTRANDE BRUNEAU

By Abdel Rahman Moslem

THE BOND BETWEEN EGYPT AND FRANCE HAS ALWAYS BEEN STRONG. UNIC (UNION NATIONALE INTERPROFESSIONNELLE DU CHEVAL), THE INTER-PROFESSIONAL NATIONAL UNION OF THE HORSE INDUSTRY, WAS CREATED IN 1949 AS A NON-PROFIT ASSOCIATION WHOSE GOAL IS TO ENSURE THE PROMOTION AND THE DEVELOPMENT OF THE FRENCH EQUESTRIAN INDUSTRY THROUGHOUT THE WORLD. IT HAS A CONTINUOUS LINK WITH THE EQUESTRIAN SPORT IN EGYPT, SENDING TRAINERS, PRODUCTS, AND SERVICES TO EGYPT. MINOSTRANDE BRUNEAU WAS SENT TO EGYPT THROUGH UNIC DEVELOPING THAT BOND FURTHER.

Can you tell us a little bit about your history in training?

Originally I come from France. I have been teaching and training horseback riding for nearly 20 years with my husband in a horse riding school in France. We have taught altogether more than a thousand riders, both children and adults.

Can you tell us about your project? And what is the idea behind it?

My project now is to teach people how to teach. I decided that my husband and I would go to other countries and apply the French system there. I am doing that because I want to discover new things in new countries. It would not be that hard to teach how to teach because we have 20 years of experience and we have taught a lot of children and adults. Also the system we organized has proved its success.

What is your strategy in training?

I think that all around the world the strategy can be done the same way. First from my personal view I have chosen two points which are the main aim of how I give my lessons. The first point is control of the horse. The second point is the good position of the rider. Good position because if the rider is not in a good position or in a good movement they will not succeed in any horse riding school. I base and organise my lessons on these two major points: "control"

and "good position". When the rider achieves the level in which he/she has no problem with the position and the control, then we can add speed. The main problem I see in a lot of places is that the rider's, the coach's and the parents' main focus is speed. That is wrong because they only focus on speed and they forget every other concept of good riding. I prefer to concentrate my job on the position and the good movement.

What do you think of Equicare Riding Center – Platinum Club?

You have everything necessary to work with my two points. What we must take care of to help the children, parents and all the riders to improve is to perhaps adapt the place with more safety equipment especially in the arena. Other than this point I think you have good horses. The main consideration we have to think of in such a place is to have good horses for the beginners, where the horse has to be very calm, very nice, and not too tall. The main difference between this sport and any other sport around the world is that people can get afraid from this sport easily. With fear it would be very hard for the person to improve and progress. That is why it is better to start with small horses for beginner riders.

What are your plans for the future?

For my future I want to discover other countries especially Arabic countries because I really love your culture and I know a lot of horse lovers in Arabic countries. I think my love comes from the story of Arabian horses and the desert. I also think the horse is in the heart of a lot of people and especially in Arabs and Arabic countries.

In the long term - I mean in one or two years - I see that this place (Equicare Riding Center – Platinum Club) will have more good riders. I think that everyone must have the opportunity to have very good horses. I don't necessarily mean by good horses, horses that jump in high levels but I mean horses that are careful and have the skills and ability to help a rider learn. We call these horses in France "Schoolmasters". I think we need more Schoolmasters in the place to achieve with the rider a higher level, for example, in Dressage and in Jumping. We need these horses because parents and friends want to see the rider improving and learning and that must be achieved with a very well educated horse, a Schoolmaster. They must have a good style, they must be generous and they must not have any problem with finishing the curve.

What I plan and imagine for this place is to have very nice horses to start the competitions for Dressage and especially for Show Jumping. So perhaps we could organize some partnership to send new horses. But now we have enough good horses to start with. I am talking about the future where I think the club will need good horses. 🐾



© HORSETIMES

Minostrande Bruneau.

