

The F.E.I Coaching System

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The first seminar on the subject of the F.E.I Coaching System took place in Bahrain from the 24th till the 27th of February 2007. It was the first seminar held in the Arab world F.E.I group 7 under the tutoring of Dutch Mr. Peter Strijbosch who has been a successful international show jumper. The seminar was equally organised by the Bahrain Equestrian Federation, the Olympic Solidarity, and the FEI. The seminar included 16 attendees from Palestine, Jordan, Lebanon, Oman, and Bahrain.

The F.E.I coaching system used an agreed syllabus that was created to help developing National Federations to organise their own coaching

structure and develop their sports using local coaches. The courses which are held on regional basis will provide those local coaches at a certain level, with certificates issued jointly by the National Federations and the F.E.I. The system (oriented towards competitions) is based on providing courses for coaches under the direction of F.E.I appointed tutors who will initiate the system in developing regions. They will train coaches at various levels (Level 1 and Level 2) and in the future will identify regional tutors who will in their turn continue the system in their area.

The aim of the F.E.I Assistant Coaching Course (Level 1) is to cover the essential

areas necessary to work competently as an F.E.I Assistant Coach, with an emphasis on skill development, participation, and enjoyment. The Level 1 syllabus also covers all events, and highlights the practical aspects of coaching. Successful candidates will receive a Level 1 Assistant Coach certificate of attendance. The Level 1 certified coach will also be expected to understand the concept of long term planning of training and be able to plan and implement effective training sessions. **HT**