

60 SECONDS WITH Mahmoud Mowafy



COUNTRY: EGYPT

DATE OF BIRTH: 03/09/1983

STAR SIGN: Virgo

PROFESSION: Marketing Manager
and Showjumper

Tell us about yourself

I am a former military officer who belongs to a military family; I am also a horseback rider and a father of a lovely little girl. One of my very favourite hobbies is photography. I also like to work out regularly. I do my job but I try to ensure work-life balance so as to enjoy the company of my family and friends.

Describe your typical practice?

I am morning person. I enjoy riding my horse early, so I usually ride in the morning for an hour or so. I also like taking my horse for a walk in the desert to maintain the rapport and friendship with him.

Where is your favourite place for practice?

At the Furuseyya club in Cairo.

Tell us one or two things in your training that contributed to your success.

Being determined and staying positive all the time.

What was the best advice you were given?

Never give up and always believe in yourself.

What are the goals that you aspire to achieve?

To succeed in my career and to give love and support to my family

Who has been your greatest support?

My wife, my family, and my coaches, Nour Hazem and Amina Ammar

What are your greatest motivations?

My passion for this sport

Who is your sporting hero?

Marcus Ehning is one of my favourite riders

What is your second favourite sport?

Football

What is your strength and what is your weakness?

My strength is that I truly believe in my abilities and my weakness is that sometimes I rush into taking decisions.

What is your favourite genre of movies?

Thriller movies

What kind of music do you enjoy listening to?

House music

What is your favourite book and who is your favourite author?

Children of our Alley - Naguib Mahfouz

If you had the power to change something in this world, what would you change?

Bringing peace to the world.

What is your favourite food?

Sea food

What is the most memorable place you ever visited?

Paris, France

What is the biggest challenge you have ever faced?

Shifting my career

What is the biggest reward you ever got?

The love my daughter gives me..

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