

## 60 SECONDS WITH YOUSSEF GALAL

NAME: YOUSSEF GALAL

AGE: 17

HOROSCOPE: LIBRA

PROFESSION: STUDENT

### Tell us a bit about yourself.

My name is Youssef, I started riding at the age of 9 in Egypt. After 3 years I traveled to Saudi Arabia where I participated in many competitions there and I achieved great success.

### What was the best advice you were given?

*"Focus on your dream"* I've learnt stick to my dream and goal, no matter how many ups and downs I face.

### If you're young again and you are given the choice; would you choose Horse-riding again?

Sure, I will even begin with stronger passion and more surely attitude than I started.

### Did you ride internationally before?

Only in Saudi Arabia, and I entered many competitions there, I remember that I scored the fifth place on the United Kingdom when I was 12.







**If you have to choose a super power, what would it be?**

Definitely talking to horses! If I know what horses want to say; how they feel, what they want to do. That would be fantastic.

**What your current goal that you are working to reach?**

To put my horse in A1 level.

A moment you were proud of yourself.

When I won the first Place in Rabab Competition, it was a big reward for me.

**How do you balance between your education and training?**

It's all about time management, and it is not permissible to fall short with any of them.

**What are you planning to study after High school?**

I want to study Engineering and complete my education abroad.

**Who has been your greatest support?**

My mother; she has been here for me since day one.

**What is the biggest challenge in the sport you have faced?**

To convince my dad to buy me a new horse, and to choose the right horse with the best condition.

A rider that you enjoy watching.

Marcus Ehning. He is brilliant! He has unbreakable chemistry with his horses, and his style is very unique.

**What is your second favorite sport?**

Everything related to cars and motor sports, I am really fond of cars.

**What is your favorite book?**

The Original Horse Bible.

**What is your strongest point?**

Focusing while riding, and not being affected by the surrounding conditions

**What's your dream?**

Compete with my horse TIKO in the Olympics and win!

**What is the message you want to say to your parents?**

I want to thank them for their all-time support, I am really lucky having . 🙏



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