



60 SECONDS WITH  
**CARLA KATTOUAH**

COUNTRY: LEBANON

DATE OF BIRTH: JULY 6 1981

STAR SIGN: GEMINI

PROFESSION: HORSEBACK RIDING TRAINER & CLUB MANAGER

**What is your best achievement?**

Opening my own equestrian school in Lebanon in 2006 and

delivering the French “Galop” diplomas.

**Who is your favourite athlete?**

Pascal Morvillers, my mentor and Jean Teulere (World Eventing Champions), without forgetting ENE Saumur trainers, to whom I



**What is your favourite music record?**

Red-Riding Hood soundtrack.

**What is your second favourite sport?**

Snowboarding.

**Do you like to cook?**

I like to, but I'm not that good.

**What is your strength and what is your weakness?**

Strength: highly adaptable.  
Weakness: my tolerance threshold is a bit too high.

**What makes you happy and what makes you sad?**

Happy: galloping towards a challenging jump on my favourite horse. Sad: when one of my horses is sick or injured.

**To your close friends & family,**

**you are known to be?**

Fun & active.

**If you had the power to change something, what would you change?**

I would erase illiteracy.

**If there is something about Carla that you would like to change, what would that be?**

To eat less chocolate!

**Do you support any charitable organisations?**

Mainly the Red Cross, though not as much as I would love to.

**Do you think there is any other question we should have asked but did not?**

Yes! You should have asked if I spend hours talking to my horses! (The answer is no!) 🐾

owe my success.

**Do you keep any pets?**

Aside of my five-year-old horse Titanium, a cat called Cosmo.

**What is your favourite movie?**

"Planet Earth".

**Who is your ideal celebrity?**

David Attenborough.

**What is your favourite gadget?**

My Iphone!

